



Dear Parents,

First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from the community about if and how COVID-19 will change programming for the year. We know this outbreak has been stressful to many and recognize that exercising and participating in activities like sports can be a healthy way to cope with stress and connect with our community. After careful thought and planning, we are excited to let you know that we plan to resume youth sports while following CDC considerations to protect players, families, and our community.

The health and safety of our athletes, staff, and volunteers remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible while also allowing our student athletes to play. We are:

- Intensifying cleaning, disinfection, and social distancing within by disinfecting frequently touched equipment and supplying hand sanitizer at each event.
- Reducing physical closeness or contact between players when possible by breaking into small groups and stations. They will remain in their group throughout the entire program. In addition, we will stagger arrival and drop off times, have physical markers to ensure that coaches and players stay 6 feet apart, and discourage unnecessary physical contact such as high-fives, handshakes, and hugs.
- Promoting healthy hygiene practices by requiring each participant goes to the check-in station upon arrival where they will have their temperature taken, be asked a series of questions and reminded of procedures we have in place. We will use hand sanitizer between workout stations, coming on and off the field/court, and encourage children to cover coughs and sneezes with a tissue or to use the inside of their elbow and have coaches remind them of social distancing practices.
- Requesting that coaches, youth sports staff and spectators wear a cloth face covering during sessions, practices and games. Players may opt to wear a cloth face covering. As a reminder, cloth face coverings should not be placed on young children younger than 2 years of age, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cover without assistance.
- Limiting the sharing of equipment by providing extra equipment or encouraging players to bring their own.

Anyone who is sick or has been in contact with someone who has COVID-19— including players, family members, coaches, staff and spectators — should not attend practices, camps or games. Be on the lookout for symptoms of COVID-19 which include fever, cough, or shortness of breath. If you or your family have experienced these symptoms advise our youth sports staff. We also recommend calling your doctor if you think you or a family member is sick. You can also find more information about COVID-19 at www.cdc.gov.

We look forward to seeing you. Now, let's play!

Thank you and stay healthy,

Haneef Hill
President & CEO
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